

# Classic Baton Group

Appendix

Rev: 23 April 2023 (DRAFT 1)

## 1.1 Classic Baton Group

### 1.1.2 Compulsory Prop:

- Single Baton

### 1.1.3 Group Sizes

- Group: 8 to 24 athletes
- Small Group: 4 to 7 athletes

### 1.1.4 Terminology

- Low Throw – less 2m from the point of release of the throw
- Short distance swop – less than 2m swap / exchange from one athlete to the next athlete who are swopping props
- Sub Group – 30% of the total team members (The 30% can be rounded up or down to the closest whole number. Example: 30% of 10 athletes will be 3.33, so 3 or 4 athletes constitutes 30%)
- Ejection – throw of the prop
- Dead baton – stick work
- Classic – simple
- Toss over - swop

### 1.1.5 Use of props:

**Primary required elements:** (Maximum Team Penalty for every element not achieved)

- 3 x low throws in total (2 x all members and 1 x subgroup throw)
- 2 x short distance swaps in total (1 x all members and 1 x subgroup short swap)
- Primary school teams must have elements from level 1 to 3, using both left and right hand during the display

**High and Tertiary teams required elements:** (Maximum Team Penalty for every element not achieved)

- 4 x low throws in total (2 x all members and 2 x subgroup throw)
- 3 x short distance swap in total (2 x all members and 1 x subgroup short swap)
- High school and tertiary teams must have elements from level 1 to 3, using both left and right hand during the display

**Level 1 – 3 descriptions in Score Sheet Criteria (Applicable to Primary, High and Tertiary)**

## **LEVELS - BATON**

### **LEVEL 1:**

- Dead baton
- Dead stick release
- Slide
- Swing
- Sway
- Raising, lowering of baton
- Arm - round
- Pretzel
- Arm - holding, hand - holding, controlled arms

### **LEVEL 2:**

- Horizontal twirling
- Vertical spin with one hand (Figure of 8)
  - All the variations of these free spins in both directions in the right and left hand
- LOOP:
  - Right/left hand vertical twirl with wrist
  - Right/left hand horizontal twirl with wrist
- FIGURE 8:
  - Right/left hand vertical figure of 8
  - Right/left hand vertical adverse figure of 8
  - Right/left hand horizontal figure of 8
  - Right/left hand horizontal adverse figure of 8
- FLOURISH WHIP:
  - Right/left hand flourish whip
  - Right/left hand adverse flourish, adverse whip

### **LEVEL 3:**

Includes simple twirls such as:

- Vertical twirling with both hands (“SUN”), in all body positions (in front of the body, behind the head, above the head, next to the body).
- Vertical twirling with a circle drawing in front of the body by one hand (“STAR”). It can be simple, fast, with the body turning, in all directions, etc.
- Figures of low and simple baton throw with simple throw and baton catch (at one moment the baton is not in contact with any part of the body)
  
- AERIALS (ejection):
  - Low ejection under 2m
  - Baton rotation in the air is not required
  
- Classic ejection:
  - From open hand – from horizontal or vertical position, with right or left
  - Throw with the end – baton release from hand by the end (locking ball)
  
- Classic catch:
  - The capture from the lower part of the baton, palm turned upwards
  - The capture from the upper part baton capture with the palm turned downwards
  
- Toss over (swop):
  - Simple and short toss over (swop) distance of athletes maximum 2m
  - Vertical and horizontal
  - Various types of throwing and catching
  - By all members
  - In sequence

For ease of reference, the below video can be used to illustrate the various levels.

Please bear in mind that **only levels 1 to 3** can be used in **classic baton**.

A **maximum team penalty** will be awarded for each level 4 and 5 movement performed.

<https://www.youtube.com/watch?v=AvIbmMAkWI0>

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